

FREE SCHOOL MEALS

Your child may be eligible for free school meals if you receive one of the following:

- Income Support
- Income Based Job Seekers Allowance
- Income Related Employment and Support Allowances ESA(IR)
- Child Tax Credit providing you are **not** entitled to Working Tax Credit and your annual income as assessed by Revenues and Customs is below £16,190
- Guaranteed Element of State Pension Credit

Or if you are supported by NASS and supported under Part VI of the Immigration and Asylum Act 1999. You must provide your NASS reference number.

Please ask the Campsbourne School office for an application form or contact the Revenues, Benefits and Customer Services.

Tel: 020 8489 1000
Email: fsm@haringey.gov.uk

This information was correct at time of going to print.

SUMMER/AUTUMN LUNCH MENU

Welcome to the Spring/Summer menu, this menu will run from July until the end of the Summer Term.

THEME MENUS

Themed menus have proved popular and as a result we are putting some dates in the diary from more!

- February - Chinese New Year
- October—Black History
- December - Festive Menu

Further information will be available in school closer to these dates.

MENU AND PRICES

The cost of a primary school meal is £2.20 for children in Year 3 and above. Children in Reception, Year 1 and Year 2 have their school meals paid for by the Government. For this price your child can have a two course meal—a hot or cold main course and a pudding plus vegetables/salad and Organic bread. A drink will also be provided with the meal.

SPECIAL DIET AND ALLERGIES

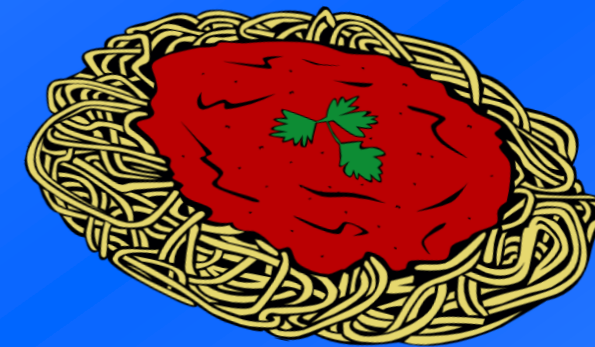
Please let your school know if your child has any special dietary needs.

ONLINE PAYMENTS

Campsbourne School has an online payment system which allows parents to make payments for school dinner money, after-school club and breakfast club. You will need to register for this first, which is a straight-forward process.

To register please visit the school office or contact us by email admin@campsbourne.haringey.sch.uk. You will be given written instructions together with a unique code for your child / children to use when making payments.

If you have already registered with us you can pay by visiting;
<https://www.scopay.com/campsbourne>



LET'S EAT LUNCH

SCHOOL MENU

Winter / Spring 2017/2018

Campsbourne School
& Extended Services





WEEK ONE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MAIN COURSE

Vegetable Chow Mein

 Jacket Potatoes, Tuna, Cheese and Beans

 Plain Pasta Bake Quorn Pieces

Lamb Burger & Chips

 Jamaican Pattie (v)

 Cheese Sandwiches

Roast Turkey with Roast Potatoes & Yorkshire Pudding

 Red Onion Quiche with Roast Potatoes (v)

 Tuna Salad Sandwich

Lamb Curry or Lamb Stew with Jollof Rice

 Bean Burger, Rice and Salad Samosa (v)

 Chicken Salad Baguette

Jumbo Fish Fingers in Batter with Jacket Wedges

 Mediterranean Stew on Toast with Jacket Wedges

 Fish Cakes

VEG / SALAD

Sweetcorn

 Beetroot
 Coleslaw
 Mixed Salad
 Avocados

Baked Beans

 Greek Salad
 Tomato and Olives
 Tomato
 Cucumber

Fresh Carrot Batons

 Carrot
 Leaf Salad
 Tomato and Olive

Peas

 Cucumber
 Sweetcorn
 Mixed Salad
 Coleslaw
 Avocado

Baked Beans

 Caesar Salad
 Pasta Salad
 Mixed Salad

DESSERTS

Peaches and Custard

 Homemade Yoghurt and Fruit

 Assorted Fresh Fruits

Chocolate Sponge and Custard

 Homemade Yoghurt and Fruit

 Assorted Fresh Fruits

Homemade Biscuit With Ice Cream and Fruit

 Homemade Yoghurt and Fruit

 Assorted Fresh Fruits

Carrot Cake with Lemon Ice Drizzle

 Homemade Yoghurt and Fruit

 Assorted Fresh Fruits

Fruit Jelly and Homemade Cheesecake

 Homemade Yoghurt and Fruit

 Assorted Fresh Fruits

(v) Vegetarian option. Organic Bread & Water Available Daily.



WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Macaroni Cheese and Jacket Potato

Penne Pasta Bake

Tuna and Sweetcorn Sandwiches

Chicken Sausages with Cream Potato

Vegetable Sausages
Vegetarian Cottage Pie with Quorn Mince (V)

Cheese Baguette

Spaghetti Bolognese

Vegetable Lasagne

Tuna Sandwich

Caribbean Chicken with Rice and Peas

Jacket Potato with Baked Beans

Tuna and Sweetcorn Baguette

Salmon Goujons with Jacket Wedges

Stir-fry Vegetables with Noodles

Fish Fingers

VEG / SALAD

Broccoli

Tomato and Basil
Cucumber
Coleslaw
Beetroot Salad
Mixed Salad

Peas
Gravy

Tuna Sweetcorn
Mixed Salad
Tomato and Cucumber
Greek Salad

Carrots

Mixed Salad
Beetroot Salad
Three Bean Salad
Avocado

Farmhouse Mixed Vegetables

Celery, Apple and Pineapple
Beetroot
Tomato and Cucumber
Mixed Salad

Baked Beans

Waldorf Salad
Tabbouleh Salad
Pasta Salad
Red Cabbage

DESSERTS

Apple and Cherry Crumble with Custard

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Frozen Yoghurt with Fruit Cocktail

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Homemade Carrot Cake Muffins

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Cheese and Crackers with Grapes

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Fruit Jelly with Ice Cream

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

(v) Vegetarian option. Organic Bread & Water Available Daily.



WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Jacket Potato with a Selection of Toppings

Tuna Pasta Bake

Cheese / Vegetable Pizza

Roast Chicken, Stuffing, Yorkshire Pudding and Gravy

Lentil Burger

Cheese Sandwich

Lamb Meatballs in Tomato Sauce with Pasta and Garlic Bread

Moroccan Vegetable Stew

Tuna and Cucumber Bagel

BBQ Chicken or Chicken Curry with Steamed Rice and Naan Bread

Mixed Vegetable Cheese Flan

Cheese Salad Sandwiches

Baked Premier Fish Fingers and Chips

Savory Pastry Roll and Chips

Cod Fillets in Breadcrumbs

VEG / SALAD

Peas and Sweetcorn

Beetroot Salad
Carrots and Raisins
Chopped Cucumber
Tomato and Olive

Spring Greens and Mixed Vegetables

Rainbow Coleslaw
Mixed Salad
Beetroot Salad
Red Cabbage
Avocado

Sliced Carrots

Greek Salad
Leaf Salad
Tomato and Basil
Coleslaw

Sweetcorn and Broccoli

Potato Salad
Coleslaw
Mixed Salad
Beetroot Salad

Baked Beans

Pasta Salad
Tomato and Basil
Tomato and Cucumber
Red Cabbage

DESSERTS

Rice Pudding and Fruit Compote

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Homemade Lemon Sponge and Custard

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Peaches and Ice Cream

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Homemade Carrot and Sultana Cake

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

Fruit Jelly with Fruit

Homemade Yoghurt and Fruit

Assorted Fresh Fruits

(v) Vegetarian option. Organic Bread & Water Available Daily.