

WHAT'S FOR LUNCH?

WEEK 2
CAMPSBOURNE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Maci Flower Cheese	Roasted Chicken Drumstick with Gravy	Sweet and Sour Chicken	Spaghetti Bolognese	Young's Fish Fingers
	GLUTEN & MILK			GLUTEN	FISH / GLUTEN
MAIN (OPTION 2)	Vegetable Pasta	Cheese Flan	Terry's Patties or Vegetable Curry	Lentil and Carrot Bolognese	Corn Fritters
	GLUTEN	EGG, SOY & GLUTEN	WHEAT / GLUTEN	GLUTEN	GLUTEN
SIDES Where main includes, portion will be offered as optional extra	Grated Chesse Home Made Whole Meal Bread GLUTEN & DAIRY	Home Made Whole Meal Bread Roasted Potatoes GLUTEN	Home Made Whole Meal Bread Rice GLUTEN	Home Made Whole Meal Bread GLUTEN	Home Made Whole Meal Bread Skin on Chips GLUTEN
VEGETABLES	Sweetcorn Salad	Carrots Salad	Green Beans Salad	Broccoli Salad	Baked Beans Tartare Sauce Salad EGGS
EXTRAS	Greek Yogurt, Fresh Seasonal Fruit Selection Available Daily Tuesday: Flapjacks Wednesday: Carrot Sponge Thursday: Butternut Squash Cake MILK, EGG & GLUTEN				

Wherever possible, all food is homemade on site from local, British ingredients

