

## **Happy New Year!**

We hope you had a relaxing break and that your children are rested and ready for a new term full of fun and challenge.

As part of our new topic '**People Who Help Us**' we would like you to encourage your child to become more independent in their self-care.

Towards this goal could you please use the 'Helping Hands' reward chart that your child will be bringing home. Throughout the half term, encourage your child each day to improve their independence in self-care (e.g. Dressing/ undressing/ putting on their own coat, gloves, using toilet, cleaning teeth etc.) Each day, set attainable goals and reward these achievements on the chart with a sticker or smiley face. Also let your child help you with small tasks (e.g. making their lunch, helping tidy up etc.) and give them another sticker or smiley face for this too.

### **Personal, Social and Emotional Development:**

Being proud to have helpful hands and learning to help ourselves and others. Helping Hands reward charts for helping out at home.

### **Communication and Language:**

Talking about how we've changed since we were babies and what we'd like to be when we grow up.

**Physical Development:** Continue to develop fine and gross motor skills indoors and out. Improving self-care skills through Helping Hands reward charts at home.

**Literacy:** Core books: Avocado Baby, Eat Up Gemma, Big Brother, Little Brother, Mrs Wishy-Washy, Little Red Hen, The Enormous Turnip, Duck in a Truck and Little Buddy Goes Shopping. Phonics: Letters and Sounds Programme: Rhythm, rhyme and alliteration.

**Maths:** Different ways of representing numbers. Meaningful counting. Practical problem solving. We will continue to send a game home every Wednesday for you to play with your child throughout the week and return on Monday.

**Understanding the World:** Thinking about when we were babies and how we have grown. Healthy food. Introducing a range of helpful jobs.

**Expressive Arts and Design:** Vet, baby clinic and fire fighter role-play. Using 2D & 3D shapes to make representations. Learning new songs

**Forest School will be taking place every Tuesday morning so please ensure that your child is dressed appropriately for the weather on that day.**

Best wishes from Fiona and the Nursery team.